

#### The Lord's Prayer

In the name of the Father and the Son, and the Holy Spirit, Amen.

Holy God, Holy Mighty, Holy Immortal, have mercy on us, x3.

Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread and forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from evil. Amen.





Εις το όνομα του Πατρός και του Υιού και του Αγίου Πνεύματος. Αμήν.

Άγιος ο Θεός, Άγιος ισχυρός, Άγιος Αθάνατος, ελέησον ημάς, x3.

Πάτερ ημών ο εν τοις ουρανοίς, αγιασθήτω το όνομα σου, ελθέτω η βασιλεία σου, γενηθήτω το θέλημα σου, ως εν ουρανώ, και επί της γης. Τον άρτον ημών τον επιούσιον δός ημίν σήμερον, και άφες ημίν τα οφειλήματα ημών, ως και ημείς αφίεμεν τοις οφειλέταις ημών, και μη εισενέγκης ημάς εις πειρασμόν, αλλά ρύσαι ημάς από του πονηρού. Αμήν.

#### Prayer to Panagia

It is truly right to bless you, who gave birth to God, ever blessed and all-pure and Mother of our God. More honourable than the Cherubim and beyond compare more glorious than the Seraphim, who without corruption gave birth to God the Word; truly the Theotokos, you do we magnify.





### Prayer to my Guardian Angel

Holy Angel, protector of my soul and my life, do not leave me. Do not let the evil demon hurt me but take my hand and lead me in the way of salvation. Amen.



#### A Morning Prayer

Every day Lord, I will bless you and praise your name for ever and for evermore. Grant, Lord, that we may be kept this day without sin. Blessed are you, Lord God of our Fathers, and praised and glorified is your name for ever. Amen.

#### A Prayer Before Sleep

The day has passed, and I give you thanks, Lord; make the evening and the night free of sin, I ask you, Saviour, and save me.



#### Prayer for Meal Times

Christ our God, bless the food and drink of your servants, for you are Holy, always, now and ever and to the ages of ages. Amen.

Χριστέ ο Θεός ημών, ευλόγησον την βρώσιν και την πόσιν των δούλων σου, ότι άγιος ει πάντοτε, νυν και αει και εις τους αιώνας των αιώνων. Αμήν.



#### Prayer for After the Meal

We thank you, Christ our God, for filling us with your earthly gifts. Do not deprive us of your heavenly kingdom, but as you, Saviour, appeared among your Disciples and gave them peace, come among us also and save us. Amen.

# Prayer Before Holy Communion

Of thy Mystic Supper, O Son of God, accept me today as a communicant: for I will not speak of thy Mystery to thine enemies, neither will I give thee a kiss as did Judas; but like the thief will I confess thee: Remember me, O Lord, in thy Kingdom.





## Prayer After Holy Communion

Glory to you, o God. Glory to you, o God. Glory to you, o God.

Master, Christ our God, I thank you for all the good things you have given me and for the partaking of your pure and life-giving mysteries.

#### Prayer for my Family

O Holy Lord, King of heaven and earth, look down with mercy and compassion from the height of Thy holy dwelling, upon our home. Grant health and everything good to my Father and Mother, so that they may take care of us and everyone in our household. And help us all to do what is good and pleasing to Thee. Amen.



#### Prayer to my Saint

Pray to God for me, Saint (name), well-pleasing to God; for I turn to you, my speedy helper and protector.



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